

It's OK (Please Just Say): Song and Video Project

Step 1

1. Learn to Sing the Song

Familiarise yourselves with the song by listening to it all the way through. Then join in singing out loud if appropriate, or internalising (singing in your head) the words.

Discuss the meaning of the words. Can the students relate to these words?

This discussion is the main activity for Step 1 so allow plenty of time. You may want to talk as a whole class or to divide into groups.

2. Watch the It's OK (Please Just Say) Video

How does the video bring the message to life?

3. Your Own Song and Video Project

Explain to the class which activities you intend to complete over the next few sessions eg learning to sing and/or sign the song, writing your own lyrics, writing your own poem, playing instruments, making a sock puppet and/or creating your own video.

4. Homework

Ask everyone to find a clean sock that they can use for their puppet. These can be decorated at home or in school using fabric glue, cardboard, fabric, eyes etc. Here are some examples and you'll find plenty more online.

